



## **Asynchronous chairs** *Use and maintenance*



### **Seat height adjustment**

*Lift up the level under the seat, on the right front side, and then adjust the height with the body's weight. Release the level after finding the right height.*

### **Tilt adjustment of the seat and backrest**

*Lift up the level under the seat, on the right back side and adjust independently the tilt of the seat and the backrest to find intuitively the right posture. Then release the level.*



### **Backrest height adjustment**

*Loosen the knob on the back of backrest and then adjust its height manually. Tighten the knob after finding the right height.*

### **Maintenance of the chair**

*Wipe with a soft cloth and household cleaning products.*

